

**AKATHIST HYMN TO THE
HOLY AND LIFE-GIVING SPIRIT**



**Purifies our souls, Comforter, Gives us Truth,
Guidance for Repentance**

O Heavenly King, the Comforter, the Spirit of Truth, Who are everywhere present and fills all things, the Treasury of good things and the Giver of Life, come and abide in us, and cleanse us from every stain, and save our souls O Good One.

Kontakion 1

Come, you faithful to celebrate the descent of the Holy Spirit. From the bosom of the Father He has been poured out upon the Apostles. He has covered all the earth with the knowledge of God. He has rendered worthy of the vivifying grace of adoption and of the heavenly glory those who haven to Him with a pure heart for He hallows and renders divine those who cry out:

Holy Spirit, the Paraclete, come and dwell in us!

Ikos 1

The bright choirs of the Apostles unceasingly sing in heaven the glory of the Holy Spirit, source of life and of immaterial glory. We also glorify You with them, Spirit of goodness, for all Your favors manifest and hidden, and humbly we beseech You to cover us with Your blessed shadow:

Come, true light and joy of the soul.

Come, cloud bringing dew and inexpressible beauty.

Come, accept our praise as fragrant incense.

Come, Spirit of truth, which the world cannot receive.

Come, to make us taste the happiness of Your outpouring.

Come, to gladden us with the abundance of Your gifts.

Come, eternal sun and without setting to establish Your abode in us.

Holy Spirit Paraclete, come and dwell in us!

Kontakion 2

Under the appearance of tongues of fire, in light and mighty breath, the Holy Spirit descended upon the apostles, bringing joy. Then wrapped in His flame, the ancient fishermen called the whole world into the Church of the Messiah, enduring in joy misfortunes on land and on sea, without fear defying violent death. And throughout all the earth is spread the message of their hymn of divine praise: **Alleluia! (People sing Alleluia!)**

Ikos 2

Cup which pours fire and dew upon the apostles in the upper room of Zion, we sing to You, we bless You, God Holy Spirit! Pour forth also upon us the cup of Your wisdom:

Come, sanctifier and protector of the Church.

Come, to give Your faithful, one single heart and one single soul.

Come, to embrace our piety that is sterile and frozen.

Come, to scatter the darkness of atheism and ungodliness spreading over the earth.

Come, to lead the world on the way of right living.

Come, to teach us the truth whole and entire.

Come, wisdom inaccessible and save us by the ways known to You.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 3

O immense profundity of mystery! God, Spirit inapproachable, Creator of the universe with the Father and the Word, You have made the beauty of the heavenly and angelical orders in the splendor of Your glory.

You have called into existence the procession of the brilliant stars. Joining flesh and spirit in a marvelous unity, You have created mankind. This is why all that has breath raises this praise to You: **Alleluia! (People sing Alleluia!)**

Ikos 3

By the infinite power of the wind which flew upon the waters in wondrous circles, You Spirit Eternal, have given life to everyone and to everything. Having come forth from Your life-giving breath, the inexpressible beauty of original creation rose from the unfathomable depth. Wherefore to You we say:

Come to us, O most wise Maker of the world.

Come, You Who are great in the little flower as in the star of the sky.

Come, unspeakable diversity and beauty everlasting.

Come, light up the gloomy chaos of my soul.

Come to transfigure my poor existence with Your creative power.

Come, teach me to do Your will.

Come, to make in us a new creation in the Messiah.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 4

Unseizable Spirit of all goodness! You have clothed the most pure Virgin Mary with the dazzling inaccessible splendor of Your Divinity, causing her to become the Mother of God the Word, the Queen of the Angels, the salvation of man. You fill the Prophets and Apostles with supernatural power. You wound their hearts with heavenly beauty, imbuing their words with a burning passion which captures man for God. You convert the utmost of sinners, who filled with fervor and ardent zeal sing:

Alleluia! (People sing Alleluia!)

Ikos 4

By the Holy Spirit every soul lives, and at the last hour of our age which will be the first of the age to come all creatures will rise by His Power in order to enter into the resurrection. O Comforter full of goodness, raise us then from our graves, not to be condemned but to rejoice with all the Saints, our relations and our parents.

Come, to free us from spiritual death.

Come, at the hour of our death and satiate us with the Body and Blood of the Savior Messiah.

Come, to grant us a gentle death with a pure conscience.

Come, to render bright our awakening from death.

Come, to render us worthy to contemplate in joy the dawn of eternity.

Come, to make us sons of incorruptibility.

Come, as a sun to enlighten our bodies made immortal.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 5

Having heard Your voice say to us: "If any man thirst, let him come unto me and drink," we entreat You, O Son of God, allay our thirst for spiritual life; give us the living water of Your Holy Spirit, co-essential. Pour out upon us the flood-tide of grace, that being ever refreshed, we may cry out with love: **Alleluia! (People sing Alleluia!)**

Ikos 5

Spirit eternal and bountiful, incorruptible and uncreated,
protection of the righteous and purification of sinners, free us
from every impure deed, that the light of Your grace be not
extinguished in us singing to You:

Come, You good One, to give us contrition and streams of tears.

Come, to teach us worship of the Father in Spirit and truth.

Come, sublime truth, to remove the doubts of our feeble
understanding.

Come, treasury of good things, to give us the treasure of poverty
in spirit.

Come, Giver of life, to restore freshness to Your exhausted
creature.

Come, light eternal, to drive away phantoms and terrors.

Come, joy without end, that passing sorrows be forgotten.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 6

Rejoice, daughter of the light, Zion our holy mother! Adorn
Yourself, incomparable bride, O Universal Church of the Messiah
resplendent with light as the firmament! Upon You rests the Holy
Spirit, Who heals infirmities, completes what is wanting, gives life
to the dead and leads to life everlasting all who worthily and
rightly exclaim: **Alleluia! (People sing Alleluia!)**

Ikos 6

“In the world you shall have tribulation,” said the Lord. Where
then shall we find comfort, who will console us? O Holy Spirit, it
is You Who shall allay our sufferings!

Make intercession for us with groanings which cannot be uttered and lighten the hearts of those who entreat You:

Come, sweet freshness of those who suffer under the weight of burdens.

Come, You who converse with prisoners and are the support of the persecuted.

Come, to uphold the weak and abandoned.

Come, have mercy on victims of misery and hunger.

Come, to heal the passions of our soul and of our body.

Come, to visit those athirst for Your splendor.

Come, to give meaning to our trials with the hope of eternal joy.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 7

“Whosoever blasphemes against the Holy Spirit shall not be forgiven him, neither in this world neither in the world to come!” said the Lord. Hearing this dreadful declaration, let us fear being condemned with those who revolt against You and against God. O Holy Spirit, allow not our hearts to accept malicious words. Withdraw from schism, heresy, and atheism all them that err and make them worthy to sing in the bosom of the Church of the firstborn in the ages of ages: **Alleluia! (People sing Alleluia!)**

Ikos 7

When the Holy Spirit departed from Saul, dread and discouragement took possession of him and he fell into despair. Thus also in times of disheartenment and hardness, I feel how far away from Your light am I.

Help me to invoke You without fear, for the consolation of my soul, for You to clear away my cowardliness.

Come then, chase me not away for my murmuring and my impatience.

Come, overthrow the plots of the dark spirits who seek to trouble me and bend me.

Come, calm the treacherous storm of anguish and irritation.

Come, soothe those whom the misfortunes of life have embittered.

Come, alleviate our hearts in the day of fury and wrath.

Come, comfort those who are bent down under the weight of the cross.

Come, put into us a contrite spirit, that with patience we may save our souls.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 8

Save us, O Heavenly Father! Spiritually we are poor and ill, blind and naked. Give us of Your gold which the fire has purified.

Cover the shame of our nakedness with a white garment. Heal our eyes anointing them with Your balm. May the grace of the life-giving Holy Spirit descend into the impure vessels of our souls and renew us to sing: **Alleluia! (People sing Alleluia!)**

Ikos 8

Like the tower of Babel, so shall collapse the prosperity of the world. Wretched all the plans of men! It is good for me that You have humbled me, for in my sins and in my repeated falls, You have shown me my weakness and my worthlessness. Without

You we can do nothing; it is by Your grace that we hope to be saved.

Come, therefore, You the only one Who establishes life with wisdom.

Come, to show us the unfathomable ways which are You.

Come, as a lamp to give light to the end of our life.

Come, bless us each one in our upright endeavors.

Come, to bring Your help to our good deeds.

Come to enlighten our mind in the hour of doubt.

Come, grant us the spirit of repentance, to banish the tribulations which threaten the world.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 9

God so loved the world so as to send His only begotten son! He was made flesh by the operation of the Holy Spirit and of the Virgin Mary. On the Cross He stretched out His hands which had created the world, and with His Blood He redeemed the entire cosmos from sin and from death. Therefore all creation in the expectation of the glorious liberty of the children of God sings to the Father Who has loved it, to the Son Who has saved it and to the Spirit Who renders it holy: **Alleluia! (People sing Alleluia)**

Ikos 9

The Holy Spirit Who descended upon the Messiah in a bodily shape like a dove in the Jordan descended upon me in the baptismal font. But the darkness of my transgressions has obscured my beauty. So like a traveler lost at night in the forest awaits the dawn, I myself wait for a ray of light from You the Good One, in order not to perish utterly.

Come, to the one who has received the awesome seal of Your Name.

Come, alleviate my conscience tormented by the ruthless flame.

Come, to renew my life and free me from the slavery of sin.

Come, to dispel the dark visions inside me.

Come, to teach me compassion for the misfortunes of others.

Come, help me to love every creature of Yours.

Come, to grant me the joy of Your salvation.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 10

It is the Holy Spirit Who causes us to be born to eternal life, the Holy Spirit Who inspires the martyrs, ordains priests, crowns the just, consecrates the bread and the wine into the Body and into the Blood of God! Grant us the crown of Your gifts: infinite love which forgives all, which suffers for enemies and wills that all be saved: Then, in Your light, being made sons of the light, we will sing: **Alleluia! (People sing Alleluia)**

Ikos 10

Who will separate us from the love of God? Misery, anguish, hunger, nakedness danger or the sword? Even if we should be deprived of everything on earth, we should have in heaven an inheritance which does not decay. Give us therefore, O Lord, to love You not only in words or with the lips, but also with true labor and the effort of our entire life.

Come, Spirit all powerful, increase in us the faith which triumphs over all.

Come, give us boldness in prayer.

Come, to warm our hearts and prevent the rebellions without number from causing our love to grow cold.

Come, to hold us back from falling, in days of persecution and derision.

Come, preserve us from great temptations and from occasions of falling.

Come, give life to our hearts with the dew of Your grace.

Come, heal us, sanctify us, reawaken us and strengthen us.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 11

That which the Prophet announced, a time from the Lord has been accomplished: "in the last days I will pour out my Spirit upon all flesh: and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams." O Spirit so longed for, give us in Your consolation, at least a crumb that falls from the banquet of Your children, for us who sing with love: **Alleluia! (People sing Alleluia)**

Ikos 11

Even if like a flash from a lamp, You did not shine in the secret of the heart, but for a brief moment, the radiant flood of Your revelation remains unforgettable. This it is which transfigures our frail nature in a divinely marvelous way. Make us worthy, Comforter full of goodness, to acquire You until the end of the time our life on earth and to hymn You:

Come, lamp which gives the light of eternity.

Come, enfold us in Your splendor which has no decline.

Come, treasury of humility, and joy of the gentle.

Come, Living Water, to cool our burning passions.
Come, for far from You there is neither bliss nor repose.
Come, because with You, the kingdom of the Heavens is everywhere.
Come to seal Your grace in our soul, similar to a sun.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 12

Inexhaustible stream of grace, O Holy Spirit, You Who forgives sins; receive our prayer for the world, for the faithful and the infidels, as for sons of rebellion: and lead all into the eternal kingdom of the Holy Trinity. By You may the last enemy be vanquished, death, and may the world, being reborn through the purifying fire, sing the canticle of immortality: **Alleluia! (People sing Alleluia)**

Come, full of goodness, to reawaken in us the thirst for the future life.

Come, to revive in our souls the hope of the life in the age of the truth.

Come, to give us the goodness of the world to come.

Come, to give us the garments of purity, white like the snow.

Come, to fill us with the splendor of divinity.

Come, to lead us to the marriage of the Lamb.

Come to render us worthy to reign in Your everlasting glory.

Holy Spirit, Paraclete, come and dwell in us!

Kontakion 13

(To be read three times)

O resplendent spring of Love which saves, Spirit giver of life! In the breath of Your coming embrace mankind which has become like ice from its iniquities. By the power of Your unfathomable ways, haven the downfall of evil and the eternal triumph of the truth of God. May God be all in all, and every creature in heaven, on the earth and under the earth, proclaim: **Alleluia, Alleluia, Alleluia!** (People sing Alleluia, Alleluia, Alleluia!)

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Prayer to the Holy Spirit

Holy Spirit Who covers the universe and gives life to the world, You depart from wicked persons. I therefore beseech You with humility, not to offend You by the impurity of my soul; come and live in me and purify me from all filth of sin: Vouchsafe that with Your aid I may pass the remainder of my life in righteousness and in repentance, in order to glorify You together with the Father and the Son in the ages of ages. **Amen.**

Glorifying God Through His Light
50 Hour Prayer Vigil

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