

The Most Holy Trinity and Life Giving Trinity



For the Spirit of true repentance
Ending our days in purity and righteousness
For performing God's most holy will

Kontakion 1

Eternal King and Lord of Ages, Maker of all things visible and invisible, glorified as God in the Holy Trinity and to Whom every knee bows in Heaven and earth and in the depths of hell. We too who are baptized in Your thrice-holy Name, unworthy as we are, make bold to offer You this song of praise. So as our Creator, Provider, and Judge, attend to the cry of Your servants, and withhold not Your mercy from us, that we may ever cry to You from the depths of our soul:

Holy, Holy, Holy are You, our Lord God; have mercy on us, Your fallen creation, for Your holy Name's sake!

Ikos 1

Archangels and Angels, Principalities and Authorities, Thrones and Dominions, standing before the very throne of Your glory, cannot express the greatness of Your perfections; and the many-eyed Cherubim and six-winged Seraphim, veiling their faces, with trembling and love can only call to each other; Holy, Holy, Holy Lord Sabaoth. But for us, who are dust and ashes, how much more fitting to love silence! Yet, not to appear unmindful and ungrateful for such a great generosity, lavished upon us in our creation and redemption, imitating the heavenly adoration, with faith and love we cry:

Holy, Holy, Holy are You, our Lord God, ineffable height of perfections, and unfathomable depth of mysteries!

Holy are You, our Lord God, Who are everywhere present and fill all things, one and the same yesterday, today and forever!

Holy are You, our Lord God Almighty, Who names non-existent things as existent, Who leads down even to hell, and lifts up again!

Holy are You, our Lord God, Who searches the hearts and minds of men, Who counts the stars and gives names to them all!

Holy are You, our Lord God, Whose ways are all ways of truth, and Whose judgments are at once just and desirable!

Holy are You, our Lord God, Who renders the sins of the fathers on the children, and shows mercy and rewards to generations of generations!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 2

Seeing You on a high and lofty throne, Isaiah said: Woe is me, for I am a man of unclean lips, and my eyes have seen the Lord of Hosts. But when a live coal, borne by angels, had touched his mouth, it became pure and praised You, Father Son and Holy Spirit, the only God. Consume, O Most Holy Trinity, with the fire of Your Divinity also the thorns of our many iniquities, that with a pure heart, we may cry to you: **Alleluia!**
(People sing Alleluia!)

Ikos 2

Seeking to comprehend the incomprehensible Mind, the great Prophet Moses said: Show me Your face, that I may see You comprehensibly. But Your answer was: "You shall see My back, but My face shall not appear to you; for no man can see My face and live." But to us, unworthy as we are, You were pleased to appear in the Person of Your only-begotten Son; so gratefully we sing:

Holy, Holy, Holy are You, our Lord God, the flaming love of the Seraphim and the shining wisdom of the Cherubim!

Holy are You, our Lord God, most high King of the heavenly Thrones and most true Lord of the celestial Dominions!

Holy are You, our Lord God, the invincible strength of the highest Powers and the Almighty Ruler of the Authorities above!

Holy are You, our Lord God, the all-joyful tidings of the Archangels and the never-silent preaching of the Angels!

Holy are You, our Lord God, the supreme Source of the intelligent Principalities and the mighty Ruler of all the other heavenly hierarchies!

Holy are You, our Lord God, Who alone has immortality and dwells in the unapproachable light, speaking with Your elect face to face, as with Your friends!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 3

By the power of Your unutterable might You hold all things. By the Word of Your unfathomable wisdom, You build all things. By the Spirit of Your mouth, You make all things live and rejoice. Thrice-shining Sun and Maker of all things, You have measured the Heaven with Your hand and the earth

with Your span. You bear and nourish every creature. You call all things by name, and none can hide from Your gaze and Your powerful hand; therefore, falling down with tender compunction, with all the highest and lowest powers, we cry to You: **Alleluia! (People sing Alleluia!)**

Ikos 3

Having all creation subject to Your command, everywhere You show traces of Your providence and countless perfections. Therefore, seeing Your invisible attributes and eternal power and divine being, discernible through Your works, with amazement and joy we cry:

Holy, Holy, Holy are You, our Lord God, Sovereign Creator of things visible and invisible and most loving Architect of things present and to come!

Holy are You, our Lord God, Who has formed creation from four elements and crowned the cycle of the year with four seasons!

Holy are You, our Lord God, Who has commanded the sun to illumine the night!

Holy are You, our Lord God, Who sends winds out of Your treasuries, arrays the heavens with clouds and sends rain and dew for refreshment in the heat!

Holy are You, our Lord God, Who has girdled the hills with joy and the valleys with gladness, Who adorns the meadows with flowers and crowns the fields with ears of corn!

Holy are You, our Lord God, Who sends food to the fledglings of the raven, Who gives drink to all the wild beasts and fills all Your works with Your blessings!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 4

Having an inner storm of soul-destroying heresy, the insane Arius, that second Judas, denied You to be the Son of God, the Only-begotten of the Most Divine Trinity. But we say, one person of the Father, another of the Son, another of the Holy Spirit; yet with heart and mouth we confess One Divinity of Majesty; and being illumined in the baptismal font by the light of the Threefold Sun, we worship the Father and the Son and Holy Spirit, One God, crying: **Alleluia! (People sing Alleluia!)**

Ikos 4

Hearing that Arius, like a ferocious beast, had broken into the spiritual flock of Christ and snatched away the sheep from the true confession of the Orthodox faith, the pastors and teachers of the Holy Church met at the Council of Nicea and, confessing Christ as God and not a creature, honoring the Son and the Holy Spirit equally with the Father, with thundering voices exclaimed:

Holy, Holy, Holy are You, our Lord God, God the Father, God the Son, God the Holy Spirit, one true God, and not three Gods!

Holy are You, our Lord God, the Father uncreated, One single uncreated, and not three separate uncreated!

Holy are You, our Lord God, eternally begetting the Son, the Son timelessly born of the Father, and the Holy Spirit ever-proceeding from the Father, but not born!

Holy are You, our Lord God, the Father Who calls us from non-existence, the Son Who sanctifies and quickens all by His Grace!

Holy are You, our Lord God, Who has graciously willed to establish in our spirit, soul, and body a threefold temple for Your dwelling, and has not permitted its destruction in us by our endless sin!

Holy are You, our Lord God, Who has put a sign of Your Tri-Personal Being on all the works of Your hands, in the visible and invisible world!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 5

Eternal and all-accomplishing Trinity, having created us in Your image and likeness, You have commanded us to do what is pleasing to You. But we, in our wretchedness, cherishing our evil will, have renounced our baptismal vows, and have darkened Your image. But now we return to You again and pray: Grant us Your Grace, rescue us from the hands of our enemies visible and invisible, and save us by ways known to You, that forever we may cry to You: **Alleluia! (People sing Alleluia!)**

Ikos 5

When the mind sees Your surpassing perfections and Your unspeakable benefits to the poor sons of Adam, for by truly believing in You, the Triune God, the spiritually dead revive, the defiled in conscience are cleansed, the perishing are saved, with thankful mind, thankful heart, and thankful mouth, created by You, we bend our knees and say:

Holy, Holy, Holy are You, our Lord God, Who in Your Tri-Personal Counsel decided to create man, and into his body taken from earth, breathed the breath of life from Your lips!

Holy are You, our Lord God, Who has honored us all in the person of Adam with Your image and likeness and has made us heirs of the delights of Paradise!

Holy are You, our Lord God, Who by the gift of reason did raise us above all that is visible, and did subject under our feet all the lower creation!

Holy are You, our Lord God, Who gave us for food the Tree of Life and enriched us with the gift of immortality!

Holy are You, our Lord God, Who did not abandon our first parents, who disobeyed Your commandment and fell into sin, but settled them at once in Eden with the hope of salvation!

Holy are You, our Lord God, Who drew us out of our mother's womb and after birth sanctified us with the Grace of the Gospel!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 6

The preacher of truth and zealot of Your holy Name, wonderful Elijah, being called by an angel, stood on Mount Horeb. There was a strong wind beating against the mountains, and a great earthquake and burning fire, yet not in these did he see You; but after the fire came the whisper of a gentle breeze, and there was the Lord. Covering his face with a sheepskin, with fear and gladness he cried: **Alleluia! (People sing Alleluia!)**

Ikos 6

You have enlightened the world with the light of Your Thrice-Radiant Divinity. You have banished all the delusions of idols, O Tri-Personal God and Lord; and the whole race of men You have led from the long darkness

of paganism to the wonderful light of the Gospel, and enlightened by it, we glorify Your sovereign providence in regard to us, crying:

Holy, Holy, Holy are You, our Lord God, Who by the waters of the flood destroyed Your creation utterly corrupted by sin, and in the person of Noah, renewed the whole of mankind!

Holy are You, our Lord God, Who withdrew Abraham, the father of the faithful, from the confusion of tongues and found in his posterity the true Church!

Holy are You, our Lord God, Who led Your people out of Egypt, fed them with manna in the wilderness and brought them into the land flowing with milk and honey!

Holy are You, our Lord God, Who raised up David, filled the Prophets with Your Spirit, and thus preserved in Israel faith in the promised Redeemer!

Holy are You, our Lord God, Who punished Your sinful people with the Babylonian captivity, and when it came to an end, commanded them to settle again in Jerusalem!

Holy are You, our Lord God, Who kept the Maccabees unshaken in their faith and the traditions of their fathers till their death, and preserved intact the Church under the Law as Your bride, until the coming of the beloved Bridegroom!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 7

Wishing to show the greatness of Your love and compassion for the fallen human race, when the appointed time came, You sent Your only-begotten Son, born of a woman, born under the Law, and having lived with us on earth as a man and redeemed us by His Cross, ascended to Heaven, and from there, in fulfillment of His promise, sent down His Most Holy Spirit, that we may all cry: **Alleluia! (People sing Alleluia!)**

Ikos 7

A new and truly amazing miracle have You shown, O Lord, amazing even the Hosts on High, when after sending down the most Holy Spirit upon Your chosen Disciples and Apostles, You led them out to preach to the whole world, to proclaim the great Name of the Most Holy Trinity and to take captive all nations to the obedience of faith.

And wondering at the power and influence of their divinely-inspired words, we joyfully cry:

Holy, Holy, Holy are You, our Lord God, Who has chosen the weak, the low-born, and the foolish of the world to put to shame the strong, the renowned, and the wise!

Holy are You, our Lord God, Who has inspired countless hosts of martyrs, that by their myriad of tortures and deaths they might seal with their blood the truth of the Gospel and power of Christ's Grace!

Holy are You, our Lord God, Who by the sign of the Cross converted the heart of that Equal-to-an-Apostle Constantine, and thereby put an end to the fierce persecution of the Christians!

Holy are You, our Lord God, Who by the Seven ecumenical Councils of the God-bearing Fathers has walled the Church as with seven pillars, and rendered it impregnable to the disturbance of heretics!

Holy are You, our Lord God, Who has granted the divinely-wise teachers and great spiritual heroes of piety to shine like stars in the firmament of the Church!

Holy are You, our Lord God, Who guided to the light of the true faith, Vladimir, lord of the land of Russia, and thus freed the whole country from the delusion of polytheism!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 8

Mysteriously and wonderfully Abraham saw You at the Oak of Mamre in the form of three Persons, though he conversed as with one, saying: 'My Lord, if I have found favor in Your sight, do not pass Your servant by.' Then to the three who appeared to him in three Persons, Father and Son and Holy Spirit, yet to God as one Being, he bowed to the earth crying: **Alleluia!**
(People sing Alleluia!)

Ikos 8

You are wholly and always everywhere, not only by the might of Your incalculable power, but also by the wealth of Your all-encompassing creation. And as for us, as was said by Your Son, all the hairs of our heads are numbered by You, that not one of them may fall without Your will. So trusting in Your providence, with love and confidence we cry:

Holy, Holy, Holy are You, our Lord God, Who has been pleased to divide all the human race into tribes and nations and to show each one of them its place and course of life!

Holy are You, our Lord God, by Whom kings reign and the mighty write laws, and Who keep Your chosen as the apple of Your eye!

Holy are You, our Lord God, from Whom comes all wisdom and knowledge, all strength and power, all health and beauty!

Holy are You, our Lord God, Who overrules and ends wars, crowning with victory those in the right, but assigning those in the wrongs to destruction even in the midst of their victories!

Holy are You, our Lord God, Who shows signs in Heaven and on earth, sending fire, plague, famine and hunger to people, that they may not stray utterly from Your ways!

Holy are You, our Lord God, Who raises the humble from the earth to seat them with the princes of Your people; and subdues the proud so that no trace of them is found!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 9

All nature seen and unseen unceasingly glorifies You as the eternal God and Creator. In Heaven some cry day and night, holy, holy, holy; others lay their crowns at Your feet; while on earth, in union with all creation, we who are adorned with the image of Your eternal glory pray to You and await expectantly Your great and rich mercies, crying: **Alleluia! (People sing Alleluia!)**

Ikos 9

Most eloquent orators, even if they devote much mental labor to the study of the mystery of the Most Holy Trinity, cannot understand how God is one in nature and essence, in three perfect Persons. But we believe and confess this exactly, but how, we do not question, knowing well the countless favors given to us by each of the three Divine Persons, and with faith and thanksgiving we cry:

Holy, Holy, Holy are You, our Lord God, Who by Your just judgment has appointed us all to return to the earth from which we are taken, and to rise again from it on the day of resurrection!

Holy are You, our Lord God, Who has foreordained that the sun, the moon and the stars will someday be darkened and the earth with everything on it will be transfigured by fire, that in their place may appear the new Heaven and new earth, where righteousness dwells!
Holy are You, our Lord God, Who has fixed the day when all races and nations shall be gathered before You for judgment, that each may receive according to his deeds!
Holy are You, our Lord God, Who on the day of reward shall say to the righteous: Come, you blessed of My Father, and inherit the Kingdom prepared for you from the foundation of the world!
Holy are You, our Lord God, from Whom unrepentant sinners will then hear with terror: 'Depart from Me, you cursed, into everlasting fire, prepared for the devil and his angels!'
Holy are You, our Lord God, Who has promised to keep Your Church unshaken till the end of the world, that the gates of hell may not prevail against it!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 10

Wishing to save the world, You manifested Yourself at the River Jordan, O Most Holy and Most Divine Trinity: the Father, in the voice from Heaven bearing witness to the Beloved Son, the Son in the image of man receiving Baptism from His servant, the Holy Spirit in the form of a dove descending on Him Who was baptized. Thus, in the Name of the one God in three persons, Father, Son and Holy Spirit, we were taught to enlighten by baptism every human being that comes into the world, crying: **Alleluia!**
(People sing Alleluia!)

Ikos 10

Eternal King, Who makes Your sun to shine on the good and the evil alike, who loves the righteous and has mercy on sinners, wash away our bodily and spiritual impurity, and deign to make Your dwelling in us, Your unworthy servants. Destroy our unclean thoughts, blot out our vile deeds, and guide our tongue to say what is pleasing to You, that with a pure heart and mouth we may cry with compunction:

Holy, Holy, Holy are You, our Lord God, of Whom the choir of Apostles openly speaks, and upon Whom the Council of Prophets ever gazes!

Holy are You, our Lord God, Whom the army of Martyrs gloriously confesses, and Whose Most Holy Name is extolled by a host of venerable monks!

Holy are You, our Lord God, to Whom a multitude of hermits ever aspires, and by Whom the struggles of fasters are crowned!

Holy are You, our Lord God, to Whom holy hierarchs and pastors offer thankful song, and from Whom our ecumenical teachers for our salvation receive their divine wisdom!

Holy are You, our Lord God, accept the prayer and intercession of all saints on our behalf, and still more the most pure Virgin Who stretches out Her hands to You for us!

Holy are You, our Lord God, surround us with Your holy angels and drive away from us the infernal spirits of evil!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 11

Every song fails that aspires to offer due thanksgiving for everyone and everything to You, our God glorified in the Trinity. For there can be found no mind capable of comprehending the multitude of Your bounties showered upon us, nor words in which to express them worthily. Yet for all that we see and that has been granted to us, thanksgiving, honor and glory be to You, O Most Holy Trinity, for You know Yourself what is worthy of Your greatness and pleasing to You. And adoring You, with humility and love we cry: **Alleluia! (People sing Alleluia!)**

Ikos 11

Gratefully confessing that You have appeared as a shining Lamp to us in the darkness of ignorance with Your promises concerning our future, yet wishing to receive but one of the blessings announced by Your only-begotten Son, with all compunction and faith we cry:

Holy, Holy, Holy are You, our Lord God, Who has prepared for Your chosen one's blessings which eye has not seen nor ear heard, nor have entered the human heart!

Holy are You, our Lord God, all who have a pure heart shall see You as You are, and will know as they themselves are known by You!
Holy are You, our Lord God, in Whom all who hunger and thirst for righteousness shall attain never-failing satisfaction!

Holy are You, our Lord God, by Whom the peacemakers, as all imitators of Your only-begotten Son, the Peacemaker, shall be called beloved sons!

Holy are You, our Lord God, through Whom the meek shall inherit the earth and the poor in spirit shall possess the unending Kingdom of Heaven!

Holy are You, our Lord God, Who has promised eternal memory to the merciful and endless joy to those who weep!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 12

Grant us Your all-powerful Grace, O Most Holy Trinity. Accept the confession of our sins in the presence of Your glorious majesty. Regard our sighs. Send us the spirit of compunction and generosity so that, purified in heart and soul, we may blamelessly cry to You on earth as the angels cry in Heaven: **Alleluia! (People sing Alleluia!)**

Ikos 12

Praising Your all-loving providence, we all glorify You, O Eternal Trinity, and we believe in one God the Father, God the Son, and God the Holy Spirit, and we know no other Lord beside You. Before You we fall down, and to You we pray, crying:

Holy, Holy, Holy are You, our Lord God, be our health and salvation that we may fear no evil, and be the protection of our life that we may fear no enemy!

Holy are You, our Lord God, Who saves repentant sinners; save us also from our many sins!

Holy are You, our Lord God, Who multiplies Your mercy to all; multiply Your mercy to us also, and have mercy on us for we are ailing!

Holy are You, our Lord God, prolong our life for repentance and condemn us not to be cut down like the barren fig tree!

Holy are You, our Lord God, deliver us from temptations which come to us from the world, the flesh, and the devil, and strengthen our faith and love for You!

Holy are You, our Lord God, grant us to see You face to face and to enter Your glorious bridal hall, prepared for the marriage of the Lamb!

Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen creation, for Your holy Name's sake!

Kontakion 13

(To Be Read Three Times)

O Most Holy, Life-creating, Indivisible and All-Accomplishing Trinity, Father, Son and Holy Spirit, our one true God and Creator! Accept our present thanksgiving, send down to us Your Grace and power from the height of Your Holy Throne, that we may vanquish all the lusts of the flesh, and live in all piety and purity to the end of our days, ever praising Your Most Holy Name and crying: **Alleluia! Alleluia! Alleluia! (People sing Alleluia! Alleluia! Alleluia!)**

Kontakion 1

Eternal King and Lord of Ages, Maker of all things visible and invisible, glorified as God in the Holy Trinity and to Whom every knee bows in Heaven and earth and in the depths of hell. We too who are baptized in Your Thrice-Holy Name, unworthy as we are, make bold to offer You this song of praise. So as our Creator, Provider, and Judge, attend to the cry of Your servants, and do not withhold Your mercy from us, that we may ever cry to You from the depths of our soul:

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perfections, and unfathomable depth of mysteries!
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things, one and the same yesterday, today and forever!
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things as existent, Who leads down even to hell, and lifts up again!
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men, Who counts the stars and gives names to them all!
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Whose judgments are at once just and desirable!
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the children, and shows mercy and rewards to generations of
generations!

**Holy, Holy, Holy are You, our Lord God, have mercy on us, Your fallen
creation, for Your holy Name's sake!**

Prayer to the Most Holy Trinity

Most Holy Trinity, Sovereign One in essence, Source of all good things.
What will we give You for all that You have given us sinners and unworthy
ones, even before we came into this world, for all that You give each of us
every day, and for that which You have prepared for all of us in the age to
come? For it is fitting, for such blessings and mercies to thank You, not
only in words, but also in deeds, keeping and fulfilling Your
commandments. From our youth, however, we have heeded our passions
and evil habits and fallen into innumerable sins and transgressions.
Therefore, being impure and defiled, we would not be able to appear
without shame before Your Tri-Luminary Face. We would not even be able
to pronounce Your most holy name if You Yourself had not been pleased to
proclaim for our consolation that, loving the pure and the righteous, You
also have mercy and compassionately receive sinners who repent. O most
divine Trinity, look down from the heights of Your holy glory on us most
sinful ones. Receive our good will in place of good deeds and grant us the
spirit of true repentance, so that hating every sin we may live to the end of
our days in purity and righteousness, performing Your most holy will, and
glorifying with pure thoughts and good works Your most pure and majestic
name. Amen.

Glorifying God Through His Light
50 Hour Prayer Vigil

Orthodox Mission Church
Serving Coolidge and Florence, AZ
Prayer from Holy Trinity Monastery
Prepared, edited, and provided by the 50 Hour Prayer Committee
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